

Cross- Country Socks

by Ingrid Hiddessen



The **Cross-Country pattern** is an easy cable pattern that emerges out of its own when knitted up. If you are familiar with cabling you easily will work without using the chart.

Help for cabling without a cable needle can be found here:

<http://strickpraxis.wordpress.com/zopfe-stricken-ohne-hilfsnadel-ein-bilderkurs/>



Size

European 38-40, UK 5-7, US 7-9

Material

4ply Sockyarn merino/cashmere from „The Knittery“, Australia
105g 420m. Every slightly thicker sockyarn e.g. Jitterbug from Colinette
can be used.

Set of 5 double pointed needles 2.5mm or 2.75mm

Pattern

Cast on 64st and close to the round. Be careful not to twist the cast on edge. Continue for 5 rounds with 2k/2p ribbing.

Continue working according to the cuff-pattern chart . Knit rnds.1-25 once and then repeat rnds 6-25 consecutively until you reach the desired length. The switch to instep pattern is possible after knitting round 15.

As the cable crosses are moving it will be necessary to move stitches from one needle to the other. These stitches can stay put where they are. Stitches will be re-arranged for the heel as follows: 32 stitches for the instep on needles #1 and #4 show 4 cables. The first two stitches of needle #2 and the last two stitches of needle #3 are purl stitches.

The heel is worked over 32 stitches on needles #1 and #4. You can work your favourite heel here. The picture shows the “Hybrid Heel” worked over 10 rows heelflap and double wrap& turns in short rows.

After the heel and possible gusset decreases, depending which type of heel was made, there are 16 stitches per needle again. Continue to work in rounds. Needles #2 and #3 are the instep needles and are worked according to the instep-chart. Repeat rds.1-4 until desired length is reached. Needles #1 and #4 are the sole needles and knit only.

Continue with the decrease for the toe until there are 5 stitches left on every needle. Close these stitches with kitchener stitch.

Instep pattern

32	31	30	29	28	27	26	25	24	23	22	21	20	19	18	17	16	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1	
●	●	●	↘	↘	↘	●	●	●	●	↘	↘	↘	●	●	●	●	↘	↘	↘	●	●	●	●	↘	↘	↘	●	●	●	●	●	4
●	●	●					●	●	●	●					●	●	●	●					●	●	●	●					●	3
●	●	●					●	●	●	●					●	●	●	●					●	●	●	●					●	2
●	●	●					●	●	●	●					●	●	●	●					●	●	●	●					●	1

Legend:

- **purl**
purl stitch
- **knit**
knit stitch
- ↘ **c2 over 2 left**
sl 2 to CN, hold in front. k2, k2 from CN

Created in Knit Visualizer (www.knitfoundry.com)

Notes:

Pattern:
 R1 (RS): p1, k4, p4, k4, p4, k4, p4, k4, p3
 R2: p1, k4, p4, k4, p4, k4, p4, k4, p3
 R3: p1, k4, p4, k4, p4, k4, p4, k4, p3
 R4: p1, c2 over 2 left, p4, c2 over 2 left, p4, c2 over 2 left, p4, c2 over 2 left, p3

Mein besonderer Dank gilt Irene aus Wien für's Übersetzen.