

Rainy Weekend Socks

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Toe-up construction with a symmetrical cable on the instep/leg and a turned heel.

Material: 4.5 oz of Socks that Rock Lightweight (405 yards/4.5 oz; 370 meters/127g)

Tension: 29 stitches x 45 rounds per 10 x 10 cm or 4 inches.

Needle Size: 5 double pointed 2.5 mm needles (dpns)

Size: the instructions are written for size 39/40 european; tips for adjusting pattern for size or different yarn weights can be found at the end of the pattern instructions.

Abbreviations:

k	knit
p	purl
s	slip
k2tog	knit two together
p2tog	purl two together
ssk	slip two stitches, one at a time, as if to knit, place them back on the left needle, and knit them together through back loop
M1	Make 1 (lift the strand between the stitches with the left needle from front to back and knit through the back loop to twist it)
M1p	Make 1 purl (lift the strand between the stitches with the left needle, <i>from back to front</i> , and purl to twist it).

Pattern:

For additional help with working toe-up socks, heel construction, and sizing, please see: http://strickpraxis.files.wordpress.com/2011/02/bas-toe-up_korr-engl.pdf

and my Ravelry page for basic toe-up socks:

<http://www.ravelry.com/patterns/library/basic-toe-ups>

Toe:

Using your preferred toe-up cast on method, cast on 20 stitches, dividing evenly over 4 needles. Knit one round even.

Increase round: Needles 1 and 3: work to last stitch, M1, k 1; Needles 2 and 4, work one stitch, M1, knit to end of needle.

NOTE: Needles 1 and 4 are the sole needles, needles 2 and 3 are the instep needles. Round begins at the middle of the sole.

Knit one round.

Repeat these two rounds until there are 14 stitches on each needle (56 stitches total).

Next round: Increase one stitch at each end of the Instep needles only (needles 2 & 3), so that there are 14 stitches on each of the two sole needles and 15 stitches on each of the two instep needles. The sole stitches will be knit in stockinette stitch; from this point on, the instep will be worked according to chart A, beginning with row 13 of chart. (Work through end of chart and begin again with row 1.)



Gusset increases: When the foot measures 15 cm, you must adjust the stitches to begin the gusset increases. Work 1 round, moving the two purl stitches on either side of the instep panel onto the sole needles--in other words, move the first two purl stitches from needle 2 to needle 1, and the last two stitches from needle 3 to needle 4.



Next round and every following second round: On needle 1, work through the last stitch and make 1 purl (M1p) in the strand between needles 1 and 2. Work instep according

to chart (stitches 3-28). At the beginning of needle 4, M1p and continue to end of needle. Continue to increase on the sole in this manner every second row (work alternate rounds in pattern without increasing), purling all the new stitches, until you have increased 10 stitches each side. Work one row even, moving the last two purl stitches on needle 1 and the first two on needle 4 back to the instep. There should be 24 stitches each on needles 1 and 4, and 15 stitches each on needles 2 & 3 (48 stitches on sole, and 30 stitches on instep). Reminder: round begins in the middle of the sole. (If working on circular needles, place a marker at this point to indicate beginning of round.)

Heel turn: The heel turn is rounded using short rows in order to fit the heel better. This is done by knitting “double stitches” in short rows on the sole needles.

See -> <http://www.socktopus.co.uk/2011/02/short-rows-double-stitches/>



Row 1 (RS): Starting on needle 1, in the middle of the sole stitches, knit 14 stitches, turn.

Row 2 (WS): work one Double Stitch as follows: Slip the first stitch on the left needle to the right needle purlwise, and pull the yarn firmly to the back so that both legs of the stitch are drawn up tightly over the needle and the stitch appears “double.” (Be careful to pull the working yarn tightly enough to avoid holes in the work.) Purl the next 27 stitches, turn.

Row 3 (RS): work one Double Stitch as follows: bring the working yarn to the front of the work, slip first stitch pwise, and pull the yarn firmly to the back of the work as before. Knit 26, leaving the first double stitch unworked, and turn.

Continue in this manner, working one stitch fewer each row and leaving the Double Stitches unworked, until there are 9 Double Stitches each side and 10 (knit) stitches remaining in between, ending with a RS row.

Heel flap: Knit one round in pattern around all needles, knitting both legs of the Double Stitches together as one stitch. End the round at the middle of the sole, at the end of needle 4. *Work the heel flap back and forth, as follows:*

RS: Knit 13 stitches, ssk, turn.

WS: slip first stitch pwise with yarn in front (wyif), purl 26, purl 2 tog, turn

RS: slip first stitch pwise with yarn in back (wyib), p to one stitch before the gap, p2tog to close gap, turn

WS: slip first stitch pwise, purl to one stitch before the gap, ssk to close the gap, turn.

Set up row for heel ribbing:

Begin working the heel flap in k3, p2 rib as follows:

RS: slip first stitch pwise wyib, k2, *p2, k3,* repeat from * to * 3 times, p2, k2, ssk to close gap. Turn.

Continue in rib pattern (slip the first stitch, ssk or p2tog as appropriate to close gap, work all other stitches as they appear) decreasing as established, until there is only one purl stitch each side remaining on each side. At this point, you will begin working in the round again.



Work in ribbing until one stitch before the gap, work last gusset stitch together with the following stitch, work instep in pattern according to chart, work the last gusset stitch together with the next stitch, continue to end of round on needle 4.

Leg: Continue in ribbing pattern over 28 stitches for back of leg and follow the chart for the instep panel over 30 stitches. Knit until shortly less than desired length, ending on row 25. Repeat row 25 10 times and bind off loosely. For rolled cuff, after 10th repeat of row 25, knit 10 rounds even and bind off loosely.

Loose bind off: work the first two stitches in pattern, return these stitches to left needle and knit them together through back loop. *Work next stitch in pattern, return both stitches to left needle and knit through back loop.* Repeat from * to * until all stitches have been bound off.



Adjusting for size/yarn weight:

Socks that Rock sock yarn is thicker than “normal” sock wool (which is generally 410 m/100 g). Usually I knit with 64 stitches, but here, 58 stitches were enough. To use fewer stitches, eliminate stitches 5 &/or 6 and stitches 25 &/or 26.

Stitches can be added in ribbing before stitch 1 and after stitch 30. However, one should keep in mind that the gusset is worked in purl, and the first two stitches on needle 2 and last two stitches on needle 3 should be purl stitches.

For “normal” sock yarn and size 45 (US 13, UK 10.5), over 72 stitches:

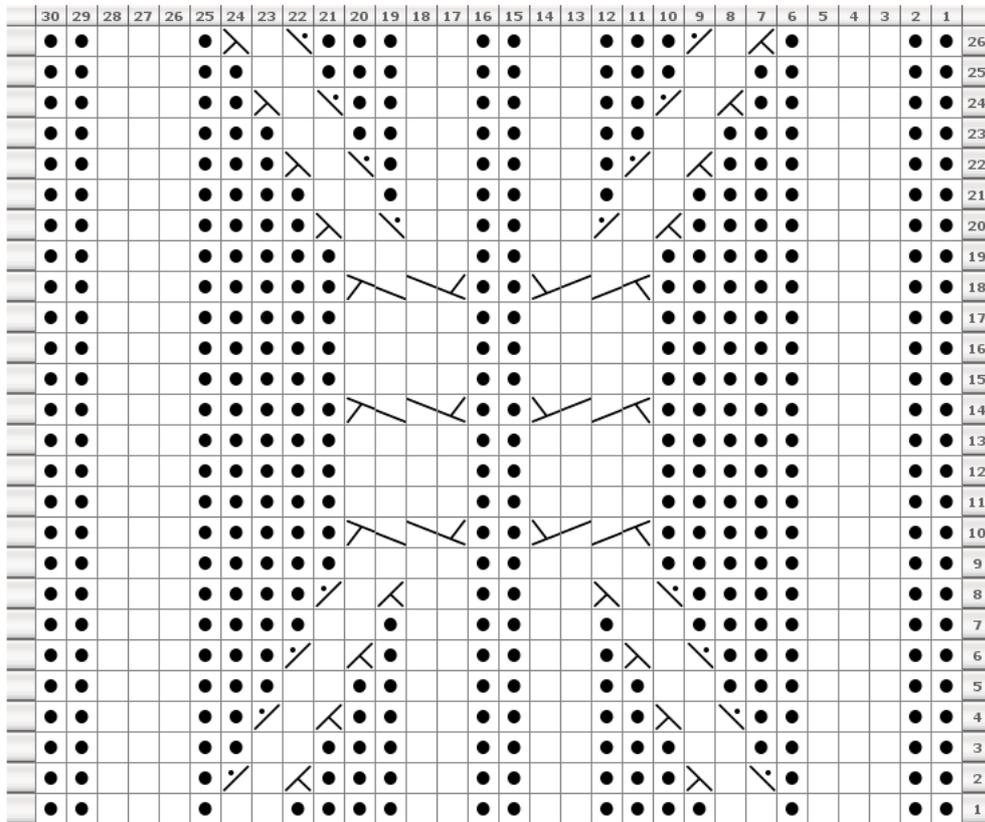
Cast on 24 stitches and distribute equally over 4 needles. Increase every second row, as above, until there are 18 stitches per needle. Begin the gusset at 16.5 cm from the toe. Increase 17 stitches each side for the gusset. Work 9 double stitches on each side of the heel turn. Total foot length: 29 cm.

For size 40 and “normal” sock yarn (US 9, UK 6): Cast on 20 stitches and distribute equally over 4 needles. Increase every second row until there are 16 stitches per needle. Begin the gusset at 15.5 cm from the toe, increasing 13 stitches each side for the gusset. Work 8 double stitches on each side of the heel turn. Total foot length: 26 cm.

For size 37 and “normal” sock yarn (US 6.5/7, UK 4): Cast on 20 stitches, increasing every second row, until there are 14 stitches per needle. Begin the gusset at 13 cm from the toe, increasing 12 stitches each side for the gusset. Work 8 double stitches each side of the heel turn. Total foot length: 23.5 cm.

Thanks to Lia for translating my pattern!

Chart A, Instep pattern



Created in KnitVisualizer (www.knitfoundry.com)

Legend:

- 
purl
 1M li

- 
knit
 1M re

- 
c2 over 1 left P
 2 M auf die Zopfmadel (ZN), vor die Arbeit legen, 1M li, 2 M von ZN re

- 
c2 over 1 right P
 1M auf die ZN, hinter die Arbeit legen, 1 M re, M von ZN li

- 
c2 over 2 right
 2M auf ZN, hinter die Arbeit, 2M re, 2 M von ZN re

- 
c2 over 2 left
 2M auf ZN, vor die Arbeit legen, 2 M re, 2 von ZN re.
 sl 2 to CN, hold in front

Created in KnitVisualizer (www.knitfoundry.com)

