

La Laguna

by Ingrid Hiddessen



When I was looking for a pattern, that looks good with handspun or variegated yarn, La Laguna came up during my vacation. The wide areas of stockinette show off the yarn very well, though knitting La Laguna is not as monotonous as plain stockinette “vanilla” socks.

Materials:

100 g fingering sock yarn (about 400 m or 437 yds per 100 g)

5 double pointed needles size 2.25 or 2.5 mm (US 1)

2 circular needles size 2.25 or 2.5mm (US 1) or similar size

1 spare needle or cable needle

The pattern is written for German size 40 or US women 9. Knitters with some experience in sock knitting could knit with their usual number of stitches and place the wave pattern on the outer instep as shown in the picture.

Please note: The beginning of round is located in the middle of the sole; round starts with rnd 1.

Abbreviations:

st, sts	stitch, stitches
k	knit
p	purl
k2tog	knit two stitches together
k1tbl	knit 1 st through back loop
m1l	make one st by lifting up the horizontal loop between two sts from front onto your left hand needle and knitting into the back of it (tbl) → left slanted increase; shown in my video here: http://strickpraxis.wordpress.com/2009/07/12/strickenglisch-fur-deutsche-2/
m1r	make one st by lifting up the horizontal loop between two sts from back onto your left hand nd and knitting it → right slanted increase; shown in my video here: https://strickpraxis.wordpress.com/2009/07/13/strickenglisch-fur-deutsch-m1rmlb-zunahme-aus-dem-querfaden/
nd, nds	needle, needles
ssk	slip, slip knit - slip two stitches one after the other, insert the left-hand needle into the fronts of the slipped stitches from the left and knit them together from this position. Thus you obtain a left slanted decrease. Demonstrated here: https://strickpraxis.wordpress.com/2009/07/14/strickenglisch-abnahmen-k2tog-und-ssk/ (the video at the bottom of the website).

Instructions for right sock

Toe:

Cast on 2 x 21 sts using your favourite toe-up cast-on. Here I show my method: <http://strickpraxis.wordpress.com/2008/07/11/die-toe-up-sockenspitze-ein-vi-deokurs/>,

Increase stitches as follows in every second row: nd 1 and nd 3 - m1l before the last stitch, nd 2 and nd 4 - m1l after the first st. Stop increases when you have 16

sts on every nd. The stop is after nd 4, i.e. in the middle of the sole. This increase technique is shown in the following video:

<http://strickpraxis.wordpress.com/2009/07/12/strickenglisch-fur-deutsche-2/>



Now you start knitting the wave pattern over the last 14 sts of nd 3.

Work in the round, without increases, as follows:

- nd 1: k16
- nd 2: k16
- nd 3: k2, wave pattern according the chart
- nd 4: k16

until your whole work measures 15.5 cm **from cast-on**.

Gusset increases:

Round 1:

- nd 1 (sole sts): k across to the last stitch, m1l, k1
- nd 2 (instep sts): k
- nd 3 (instep sts): k2, wave pattern according the chart
- nd 4 (sole sts): k1, m1r, k across the remaining sts

Round 2:

- work as round 1, but without increases



gusset on outer side of the foot

Repeat these 2 rounds until you have increased 14 knit sts on each side. When you now try on your sock, your knitting piece should end at a fictive line between outer and inner malleolus.

For further information on knitting a toe-up heel and adjusting it for different sizes, please check out my pattern for basic toe-ups here: https://strickpraxis.files.wordpress.com/2011/02/bas-toe-up_korr-engl.pdf

Now you have 30 sts on each nd 1 and nd 4, and 16 sts on each nd 2 and nd 3. Starting point for the round end of the sole is the middle of the sole. We now are between nd 1 and nd 4.

Round end of the sole:

Our foot is round at the heel, we must have a round sole as well; we do that with short rows:

k16, turn work, 1 double st (slip 1 st purlwise with yarn in front and pull yarn to back very tight—this distorts the slipped stitch into a double stitch), p3, turn work, 1 double st, k across to double st (BEFORE double st), turn work, 1 double st, p across to double st (BEFORE double st) ... and so on. Continue until you have 9 double sts on each side.

Heel:

Knit 1 round across all sts as they appear—except nd 3: sts on nd 3 are worked according chart. Double stitches are worked by knitting the two loops of every double st together as 1 st (fairly tight). Round ends in the middle of the sole with the last st on nd 4. Now you work the heel flap in rows back and forth.

- k15, ssk, turn
- slip 1 st as if to purl, p30, p2tog, turn

- slip 1 st as if to knit, k 30, ssk (the st before and the st behind the gap), turn
- slip 1 st as if to purl, p to 1 st before the gap, k2tog (the st before and the st behind the gap), turn

Continue this technique until on each side remains only 1 purl st (from the gusset).

Next round starts again with 1st st on nd 1. At the end of nd 1 work ssk with the st before and the st behind the gap. Do NOT turn now; work further in the round according pattern. The remaining gusset st on nd 4 is knit together with the following st.

Leg:

Now you have on all 4 nds again the number of stitches you had before starting with the heel. Knit 10 cm (or desired length of leg) with wave pattern on nd 3, then start with the cuff in rib pattern.

Cuff:

Cuff is knitted in rib pattern k1tbl/p1 alternating. In the section of the wave pattern the waves should be continued by cuff rib pattern.

Work rib pattern for 3.5 cm.

Cast off:

Turn work so that you look at the **wrong side** of the sock. Work first 2 sts as they appear. Slip both sts back onto your left hand needle and knit them together through back loops. *Work the next st as it appears, slip both sts back onto your left hand needle and knit them together through back loops*. Repeat from * till * until all sts are cast off. The benefit of casting off from the wrong side is, that the edge leans slightly against your leg and doesn't curl outwards. It is quite stretchy, you don't even need to cast off very loosely.



Instructions for left sock :

Work left sock mirror-inverted. The wave pattern is located now on nd 2, first st of this nd is always a knit st and represents st No. 14 of the chart. Work the chart starting with round 16 of it.

Chart for right sock

14	13	12	11	10	9	8	7	6	5	4	3	2	1	
●	●	●	●	●	●	●	●	B	●	B	●	B	●	30
●	●	●	●	●	●	●	●	B	●	B	●	B	●	29
●	●	●	●	●	●	●	●	B	●	B	●	B	●	28
●	●	●	●	●	●	●	●	B	●	B	●	B	●	27
●	●	●	●	●	●	Y	Y	Y	Y	Y	Y	Y	●	26
●	●	●	●	●	●	●	B	●	B	●	B	●	●	25
●	●	●	●	●	Y	Y	Y	Y	Y	Y	Y	●	●	24
●	●	●	●	●	●	B	●	B	●	B	●	●	●	23
●	●	●	Y	Y	Y	Y	Y	Y	●	●	●	●	●	22
●	●	●	●	B	●	B	●	B	●	●	●	●	●	21
●	●	Y	Y	Y	Y	Y	Y	Y	●	●	●	●	●	20
●	B	●	B	●	B	●	B	●	●	●	●	●	●	19
●	●	Y	Y	Y	Y	Y	Y	●	●	●	●	●	●	18
●	●	B	●	B	●	B	●	●	●	●	●	●	●	17
●	Y	Y	Y	Y	Y	Y	●	●	●	●	●	●	●	16
●	B	●	B	●	B	●	●	●	●	●	●	●	●	15
●	B	●	B	●	B	●	●	●	●	●	●	●	●	14
●	B	●	B	●	B	●	●	●	●	●	●	●	●	13
●	B	●	B	●	B	●	●	●	●	●	●	●	●	12
●	Y	Y	Y	Y	Y	Y	●	●	●	●	●	●	●	11
●	●	B	●	B	●	B	●	●	●	●	●	●	●	10
●	●	Y	Y	Y	Y	Y	Y	●	●	●	●	●	●	9
●	●	●	B	●	B	●	B	●	●	●	●	●	●	8
●	●	●	Y	Y	Y	Y	Y	Y	●	●	●	●	●	7
●	●	●	●	B	●	B	●	B	●	●	●	●	●	6
●	●	●	●	Y	Y	Y	Y	Y	Y	●	●	●	●	5
●	●	●	●	●	B	●	B	●	B	●	●	●	●	4
●	●	●	●	●	Y	Y	Y	Y	Y	Y	●	●	●	3
●	●	●	●	●	●	B	●	B	●	B	●	●	●	2
●	●	●	●	●	●	Y	Y	Y	Y	Y	Y	●	●	1

Created in Knit Visualizer (www.knitfoundry.com)

(first stitch in row 17 and 12th stitch in row 19 must be purl stitches, sorry!)

Legend:



p 1



k1



slip 1 st purlwise onto spare nd, hold spare nd in front of work,
p1, k1tbl from spare nd



k1tbl



slip 1 st purlwise onto spare nd, hold spare nd in back of work,
k1tbl, p1 from spare nd

Many thanks to Muffinman for translating my pattern!